



## FEET for FED Marine Corps Marathon Training Program Runner Questionnaire

RUNNER NAME: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

### SET YOUR FUNDRAISING GOAL

The minimum amount required is \$1,000, there is no limit on the amount you raise.

1. What is your fundraising goal?      \$ \_\_\_\_\_
2. What is your fundraising plan?
  - Fundraising Letter
  - Fundraising Party
  - Group Activities
  - Other: \_\_\_\_\_Please explain  
\_\_\_\_\_  
\_\_\_\_\_
3. What is your motivation for joining the Training Program?
  - Better Health
  - Meeting New People
  - Raising Money for FED
  - Other: \_\_\_\_\_

### RUNNING EXPERIENCE

1. How much do you run? \_\_\_\_\_
2. Current Weekly Mileage: \_\_\_\_\_
3. Longest run in the past month: \_\_\_\_\_
4. Longest run in the past year: \_\_\_\_\_
5. Do you have any marathon experience (half, whole or triathlon): \_\_\_\_\_  
\_\_\_\_\_
6. Do you have any special concerns we should be aware of? \_\_\_\_\_  
\_\_\_\_\_

### SINGLET ORDER

#### Men's Sizes

- Small
- Medium
- Large
- X-Large
- XX-Large

#### Women's Sizes

- Small
- Medium
- Large
- X -Large
- XX -Large